

# BIO SCI ANNOUNCEMENTS & EVENTS W'24 -Week 3

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# 1. Bio Sci 2A Discussion Leader Applications - Due January 24th!

Apply to be a Bio Sci 2A Peer Discussion Leader (DL) - Wednesday, January 24th, 2024 at 11:59PM

If you want to be more involved in your major and your campus, then apply to be a Bio Sci 2A DL! This leadership opportunity provides you with the chance to share your college experience and insight with first-year Bio Sci students while gaining leadership, communication and public speaking skills! More information can be found in the application at: <a href="https://forms.gle/q7stoiVQBbJnEC3v5">https://forms.gle/q7stoiVQBbJnEC3v5</a>

If you have any questions, please do not hesitate to contact the Bio 2A Coordinators: Kayla Salemi and Mina Palaniappan at bio2acoords@gmail.com





### 2. Pre-Health Workshops for Winter Quarter



# 3. Summer Student Success Scholarships - Apply Today!

#### Apply for Summer Success Scholarships now!

\$2,000 scholarships for Summer enrollment at UCI

Based on financial need and a short statement about your summer plans Apply through ScholarshipUniverse

This is a great option for students who want to catch up on missed requirements during summer!

#### 4. Pre-Health Club? - Let us know!

Are you part of a Pre-Health club here on campus? Please let Bio Sci Student Affairs know so you can be included on a master list of UCI Pre Health clubs on the UCI Bio Sci Website!

Fill out this form to let us know about your Pre-Health Club: https://forms.gle/iEy2pH3gd3xJF15z9

# 5. UCEAP Summer Sussex Physics - Deadline to Apply is January 27th!

The deadline is just around the corner on **January 27, 2024** to apply for the <u>UCEAP Sussex Summer Physics</u> program. Remember that on this summer program in England, you fulfill UCI's Physics 3ABC + Labs *or* Physics 7CD + Labs. We have had hundreds of UCI students successfully participate, attend medical school, and continue to very successful careers. If you have any questions or concerns, please don't hesitate to reach out us at the <u>UCI Study Abroad Center</u>.

In order to apply, be sure you take the 2 required steps outlined here by Saturday: <a href="https://studyabroad.uci.edu/deadlines-apply/">https://studyabroad.uci.edu/deadlines-apply/</a>.

### 6. UCI Counseling Center Winter Programs!

UCI Counseling Center would like to showcase their Winter 2024 programs!

#### Goals in Action (GIA)

a. We are excited to offer the Goals in Action (GIA) program again for the Winter 2024 quarter! Our GIA program is a great resource and referral for undergraduate students struggling academically (e.g., being on an academic recovery plan/academic probation, at risk, etc.). GIA aims to help students get on track by learning healthy coping skills to manage stress, time management and organization skills to manage school and personal demands, and learning to set obtainable academic goals. GIA runs for 5 weeks, with each class lasting 90 minutes, and this year we are starting some sections in week 3 (week of January 22<sup>nd</sup>), while others at week 4 (week of January 29<sup>th</sup>) to allow students more time to sign up. Deadline for sign up is **January 19<sup>th</sup>** or until all slots are filled.

We are offering 5 sections of GIA, both in-person and virtual, for Winter 2024 quarter:

#### In-person Sections:

- Tuesdays, 2pm 3:30pm Starts Week 4 (Jan 30<sup>th</sup>)
- Wednesdays, 1pm 2:30pm Starts Week 3 (Jan 24<sup>th</sup>)
- Thursdays, 3pm 4:30pm Starts Week 3 (Jan 25<sup>th</sup>)

#### Virtual Sections:

- Tuesdays, 10am 11:30am Starts Week 3 (Jan 23<sup>rd</sup>)
- Fridays, 10am 11:30am Starts Week 4 (Feb 2<sup>nd</sup>)

Attached you will find the flyer for GIA with more information and the QR code/link for students to sign up for GIA. Alternately, you can have students sign up for GIA sections that best fit with their schedule at this

link: https://uci.co1.qualtrics.com/jfe/form/SV\_8uYaNYd8q0Zuhnw

We would appreciate you getting the word out to students and staff about GIA. Please feel free to contact me for more information (abelur@uci.edu).



Goals in Action (GIA) is a <u>5-week</u> program that supports students as they develop and reach their academic goals. We do this by:

- · Identifying your strengths and resources (e.g., ways to reach out to professors, community supports, etc.) to thrive academically.
- Building healthy skills to manage stressors and time, and finding balance with meeting personal and academic demands.
- Develop your goals based on your values and act accordingly, as values-driven action is more sustainable in the long run!

Become more academic resilient by increasing your emotional, social, and psychological wellbeing!



### **OFFERING 5 SECTIONS FOR WINTER 2024**

#### **IN-PERSON**

Tuesdays, 2pm - 3:30pm - Starts Week 4 (Jan 30th)

Wednesdays, 1pm - 2:30pm - Starts Week 3 (Jan 24th)

Thursdays, 3pm - 4:30pm - Starts Week 3 (Jan 25th)

#### VIRTUAL/ZOOM:

Tuesdays, 10am - 11:30am - Starts Week 3 (Jan 23rd)

Fridays, 10am - 11:30am - Starts Week 4 (Feb 2nd)



#### **MORE INFORMATION:**

Interested in learning more and signing up? Click here or

abelur@uci.edu
Contact Dr. Anushree Belur GIA Program Coordinator for more information

#### 2. **Cultural Empowerment and Leadership Development Summit**

The Cultural Empowerment and Leadership Development Summit Planning Committee is requesting your assistance in helping get the word out for our recruitment of students to participate in our winter 8 week workshop series called ACTIVE - Activate <u>Communities Through Initiative, Vision, and Empowerment (ACTIVE).</u> This program is a partnership between the Counseling Center and the Cross Cultural Center for a program that has been developed and funded out of Equity and Mental Health Funding. We are partnering to create an 8 week interactive experience in the winter quarter for 20-25 students to have a learning, supportive, and healing experience around themes of racial education, social justice, community building, and mobilization. These participants have the opportunity to earn a Cultural Ambassador certificate and plaque, and have an additional leadership experience by helping our committee facilitate workshops for our Cultural Empowerment and Leadership Development Summit in April 2024. This 8 week course will also fulfill requirements for field student needs, students needing volunteer hours, or looking to expand their leadership and community experience on campus. Deadline for sign up is January 16th.



**Beyond Ring Road** 

a. Collaborative workshop series to prepare graduating senior for why life brings them beyond Ring Road!

Winter workshop topics include:

- Preparing for Graduation
- Journey to Graduation & Beyond: Motivation and Values
- Anteater Network and Alumni Panel
- Job Search!



# 7. Publication Opportunity for Students - Apply by March 31st!

Ad Anima is a brand-new literary medical journal starting at UCI—it's the first of its kind, providing a space for longer (1,000-7,500 word) creative non-fiction from healthcare trainees and professionals across the country which is both free for readers and affiliated with a university.

If you would like to write for *Ad Anima* 2024, please check out the <u>submission form</u> (which is also linked below) for more guidance on anonymous submission and our scope. But, in short, if you have an experience in healthcare settings that you think people should hear about, we want to hear from you! The submission form will remain open until **March 31st, 2024**.

If you have any questions, please feel free to email the *Ad Anima* team (adanimauci@gmail.com). Thank you, and we hope to read your work soon!

Submission form: https://forms.gle/jKDEhQXKXzEszpSRA

# 8. Volunteer at Orange County's Regional Science Olympiad Competition on February 17th!

The annual regional Science Olympiad is being held here at UCI on Saturday February 17th. If you are interested in helping out with this amazing junior high and high school event, please sign up here:

https://www.signupgenius.com/go/20F044AACA72CA13-46944090-2024#/

We need proud Anteaters to help with directions, event set up & monitoring and grading. You'll be fed (well) and it's an excellent opportunity for volunteer service hours if you need them. If you sign up, the Orange County Department of Education (OCDE) will be in contact soon with instructions.

# 9. EMRAP Clinical Research Opportunity - Applications DUE January 30th!

\*\*The deadline to submit a packet for Bio Sci 199 is the Friday of the 2nd week by Noon. Once the packet is approved, students must add by the Add/Drop deadline, Friday of the 2nd week by 5PM.\*\*

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Are you looking for a unique clinical research experience that allows you to learn more about Emergency Medicine while also obtaining first-hand patient interaction and close mentorship by UC Irvine School of Medicine ED faculty members? The Emergency Medicine Research Associates Program (EMRAP) is a clinical research program operated in conjunction with the UC Irvine Biological Sciences 199 research program at the UC Irvine Medical Center Emergency Department. During each four-hour shift in the Emergency Department, EMRAP Research Associates communicate with patients, families, and physicians, obtaining consent and collecting data for multiple research studies. Research associates gain knowledge in the methodology of clinical and epidemiological research through a parallel academic program while also pursuing leadership opportunities by serving as Research Study Liaisons for chosen projects. All EMRAP Research Associates are encouraged to take full advantage of UC Irvine's extensive undergraduate research opportunities, including UROP, SURP, and Excellence in Research.

\*\*We will be holding information sessions on Friday, Jan 19th from 5 PM to 6 PM (https://uci.zoom.us/j/91829395455) and Tuesday, Jan 23rd from 5:30 PM to 6:30 PM (https://uci.zoom.us/j/98088247916)

The EMRAP application deadline is Tuesday, January 30th, 2023 at 11:59PM. Check out our EMRAP website for more information: https://www.emergencymed.uci.edu/emrap/

# 10. TriBeta at UCI - Membership Form Due January 24th!

Beta Beta (Tri Beta) at UCI is a biological sciences honor society with the objective of supporting undergraduate students interested in biological studies and scientific research. The primary goal of Tri Beta is to create a network of students who will cultivate each other's interest in biology and research. We seek to introduce students to scientific discoveries pertaining to biology, and to encourage students to make their own discoveries through research. The chapter will support students by offering the opportunity to apply for research grants, promoting biological research, and publicizing the scientific discoveries they have made. Additionally, the chapter seeks to support its