



# UCI BioSci Student Affairs

## BIO SCI ANNOUNCEMENTS & EVENTS W'24 -Week 2

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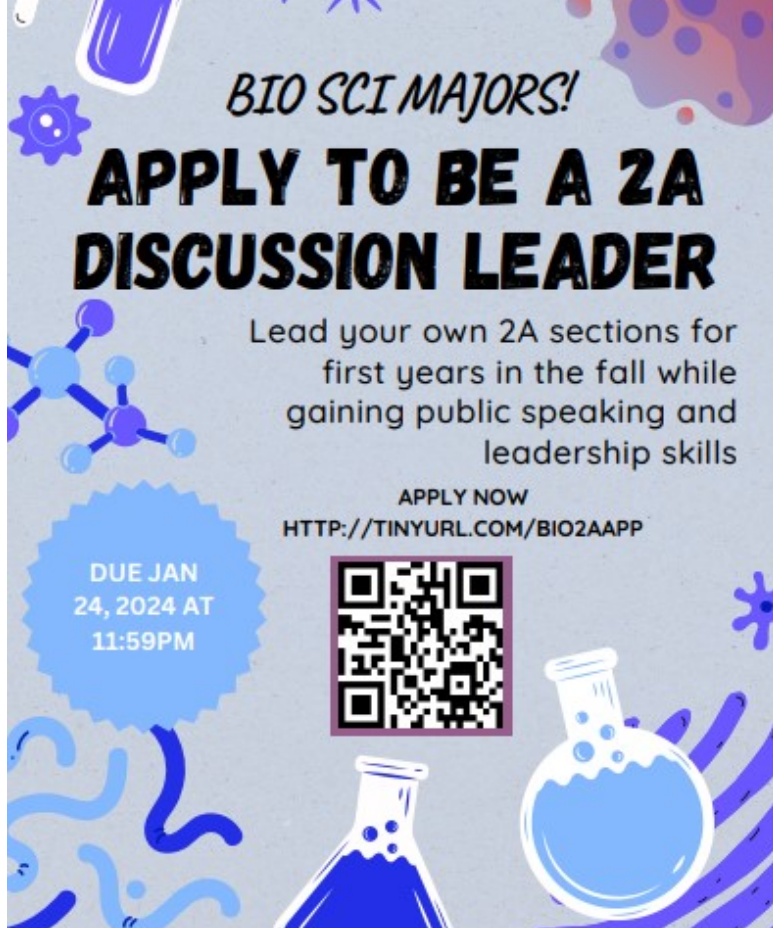
### 1. Bio Sci 2A Discussion Leader Applications - Due January 24th!

**Apply to be a Bio Sci 2A Peer Discussion Leader (DL) - Wednesday, January 24th, 2024 at 11:59PM**

If you want to be more involved in your major and your campus, then apply to be a Bio Sci 2A DL! This leadership opportunity provides you with the chance to share your college experience and insight with first-year Bio Sci students while gaining leadership, communication and public speaking skills! More information can be found in the application at: <https://forms.gle/q7stoiVQBbJnEC3v5>

If you have any questions, please do not hesitate to contact the Bio 2A Coordinators: Kayla Salemi and Mina Palaniappan at [bio2acoords@gmail.com](mailto:bio2acoords@gmail.com)



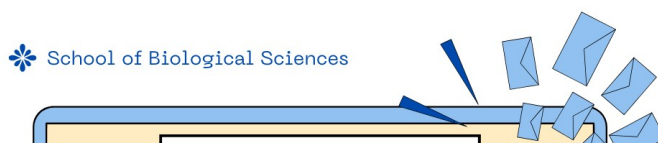
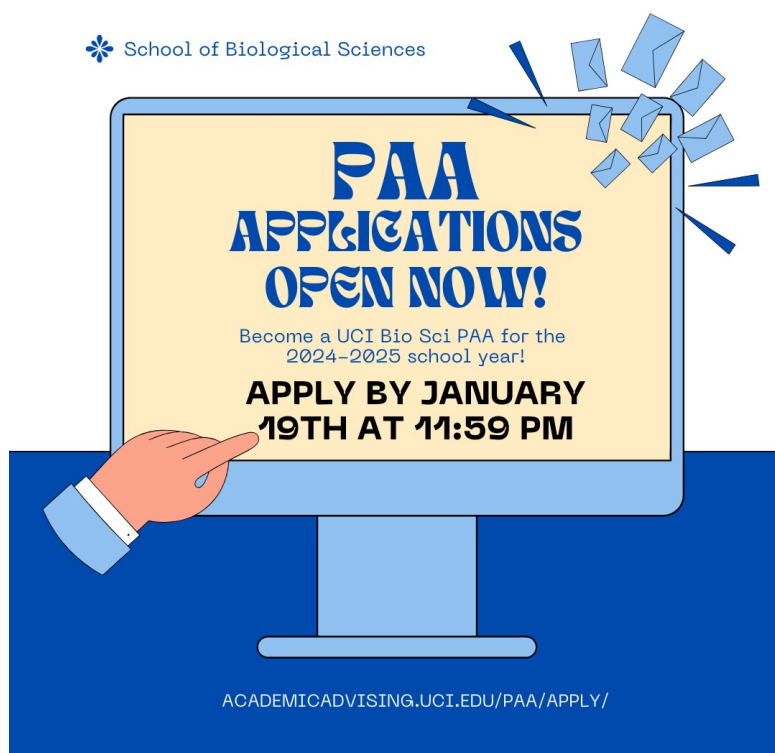


## 2. PAA Applications - Due January 19th!

Interested in becoming a PAA (Peer Academic Advisor) for the School of Biological Sciences?

PAA applications for the 2024-2025 academic year are now open! Eligible Bio Sci undergraduates (current 2nd year and older, with a minimum 3.0 GPA) are encouraged to apply, at <https://academicadvising.uci.edu/paa/apply/>

**The deadline to apply is January 19th, at 11:59 PM.**





### 3. Pre-Health Workshops for Winter Quarter

A poster for a workshop titled "PREPARING FOR HEALTH PROFESSIONS". The poster has a dark blue background with various medical icons: a first aid kit, a syringe, an ambulance, pills, a heart with a pulse line, a stethoscope, a bandage, and a pill bottle. The text on the poster includes: "PRESENTED BY JENN MAITLAND ACADEMIC COUNSELOR, PRE-HEALTH ADVISOR BIOLOGICAL SCIENCES", "PREPARING FOR HEALTH PROFESSIONS", "INTERESTED IN APPLYING TO A HEALTH PROFESSIONAL SCHOOL AND AREN'T SURE WHERE TO START?", "WINTER 2024 DATES:", a list of dates and times for in-person and zoom sessions, a registration URL, and a QR code. The text "THIS WORKSHOP IS OPEN TO ALL UCI STUDENTS" is at the bottom.

PRESENTED BY JENN MAITLAND  
ACADEMIC COUNSELOR, PRE-HEALTH ADVISOR  
BIOLOGICAL SCIENCES

## PREPARING FOR HEALTH PROFESSIONS

INTERESTED IN APPLYING TO A HEALTH  
PROFESSIONAL SCHOOL AND AREN'T SURE  
WHERE TO START?

**WINTER 2024 DATES:**

- IN PERSON (NS1-3116): JANUARY 22ND, 11 A.M. - 12 P.M.
- ZOOM: JANUARY 23RD, 11 A.M. - 12 P.M.
- IN PERSON (SH 237): FEBRUARY 14TH, 3 P.M. - 4 P.M.
- ZOOM: FEBRUARY 15TH, 1 P.M. - 2 P.M.
- IN PERSON (NS1-3116): MARCH 4TH, 11 A.M. - 12 P.M.
- ZOOM: MARCH 8TH, 1 P.M. - 2 P.M.

REGISTRATION: <https://tinyurl.com/UCIPREHEALTHWRKSH>

THIS WORKSHOP IS OPEN TO ALL UCI STUDENTS

### 4. Summer Student Success Scholarships - Apply Today!

#### Apply for Summer Success Scholarships now!

\$2,000 scholarships for Summer enrollment at UCI

Based on financial need and a short statement about your summer plans

[Apply through ScholarshipUniverse](#)

This is a great option for students who want to catch up on missed requirements during summer!

### 5. Pre-Health Club? - Let us know!

Are you part of a Pre-Health club here on campus? Please let Bio Sci Student Affairs know so you can be included on a master list of UCI Pre Health clubs on the UCI Bio Sci Website!

Fill out this form to let us know about your Pre-Health

Club: <https://forms.gle/jEy2pH3gd3xJF15z9>

## 6. UCI Counseling Center Winter Programs!

UCI Counseling Center would like to showcase their Winter 2024 programs!

### 1. Goals in Action (GIA)

a. We are excited to offer the Goals in Action (GIA) program again for the Winter 2024 quarter! Our GIA program is a great resource and referral for undergraduate students struggling academically (e.g., being on an academic recovery plan/academic probation, at risk, etc.). GIA aims to help students get on track by learning healthy coping skills to manage stress, time management and organization skills to manage school and personal demands, and learning to set obtainable academic goals. GIA runs for 5 weeks, with each class lasting 90 minutes, and this year we are starting some sections in week 3 (week of January 22<sup>nd</sup>), while others at week 4 (week of January 29<sup>th</sup>) to allow students more time to sign up. Deadline for sign up is **January 19<sup>th</sup>** or until all slots are filled.

We are offering 5 sections of GIA, both in-person and virtual, for Winter 2024 quarter:

#### In-person Sections:

- Tuesdays, 2pm – 3:30pm – *Starts Week 4* (Jan 30<sup>th</sup>)
- Wednesdays, 1pm – 2:30pm – *Starts Week 3* (Jan 24<sup>th</sup>)
- Thursdays, 3pm – 4:30pm – *Starts Week 3* (Jan 25<sup>th</sup>)

#### Virtual Sections:

- Tuesdays, 10am – 11:30am – *Starts Week 3* (Jan 23<sup>rd</sup>)
- Fridays, 10am – 11:30am – *Starts Week 4* (Feb 2<sup>nd</sup>)

Attached you will find the flyer for GIA with more information and the QR code/link for students to sign up for GIA. Alternately, you can have students sign up for GIA sections that best fit with their schedule at this

link: [https://uci.co1.qualtrics.com/jfe/form/SV\\_8uYaNYd8q0Zuhnw](https://uci.co1.qualtrics.com/jfe/form/SV_8uYaNYd8q0Zuhnw)

We would appreciate you getting the word out to students and staff about GIA. Please feel free to contact me for more information ([abelur@uci.edu](mailto:abelur@uci.edu)).

## GOALS IN ACTION WINTER 2024

NEED A BOOST WITH ACADEMICS?  
SIGN UP FOR GIA!



SCAN TO SIGN-UP!

### WHAT IS GIA?

Goals in Action (GIA) is a 5-week program that supports students as they develop and reach their academic goals. We do this by:

- Identifying your strengths and resources (e.g., ways to reach out to professors, community supports, etc.) to thrive academically.
- Building healthy skills to manage stressors and time, and finding balance with meeting personal and academic demands.
- Develop your goals based on your values and act accordingly, as values-driven action is more sustainable in the long run!

Become more academic resilient by increasing your emotional, social, and psychological wellbeing!



### OFFERING 5 SECTIONS FOR WINTER 2024

IN-PERSON	VIRTUAL/ZOOM:
Tuesdays, 2pm - 3:30pm - <u>Starts Week 4</u> (Jan 30 <sup>th</sup> )	Tuesdays, 10am - 11:30am - Starts Week 3 (Jan 23 <sup>rd</sup> )
Wednesdays, 1pm - 2:30pm - Starts Week 3 (Jan 24 <sup>th</sup> )	Fridays, 10am - 11:30am - <u>Starts Week 4</u> (Feb 2 <sup>nd</sup> )
Thursdays, 3pm - 4:30pm - Starts Week 3 (Jan 25 <sup>th</sup> )	



**GOALS IN ACTION**  
Kickstarting Academic Resilience!



#### MORE INFORMATION:

Interested in learning more and signing up? [Click here](#) or scan the QR code.

 [abelur@uci.edu](mailto:abelur@uci.edu)  
Contact Dr. Anushree Belur,  
GIA Program Coordinator for more information.



## 2. Cultural Empowerment and Leadership Development Summit

a. The Cultural Empowerment and Leadership Development Summit Planning Committee is requesting your assistance in helping get the word out for our recruitment of students to participate in our winter 8 week workshop series called ACTIVE - **Activate Communities Through Initiative, Vision, and Empowerment (ACTIVE)**. This program is a partnership between the Counseling Center and the Cross Cultural Center for a program that has been developed and funded out of Equity and Mental Health Funding. We are partnering to create an 8 week interactive experience in the winter quarter for 20-25 students to have a learning, supportive, and healing experience around themes of racial education, social justice, community building, and mobilization. These participants have the opportunity to earn a Cultural Ambassador certificate and plaque, and have an additional leadership experience by helping our committee facilitate workshops for our Cultural Empowerment and Leadership Development Summit in April 2024. This 8 week course will also fulfill requirements for field student needs, students needing volunteer hours, or looking to expand their leadership and community experience on campus. Deadline for sign up is January 16th.



## 3. Beyond Ring Road

a. Collaborative workshop series to prepare graduating senior for why life brings them beyond Ring Road!

Winter workshop topics include:

- Preparing for Graduation
- Journey to Graduation & Beyond: Motivation and Values
- Anteater Network and Alumni Panel
- Job Search!

# BEYOND RING ROAD

Winter 2024 QUARTER WORKSHOPS FOR GRADUATING STUDENTS

**PREPARING FOR GRADUATION**  
TUESDAY, 1/23/24, 5:30 PM-7:30 PM | Doheny A (Student Center)  
LEARN MORE ABOUT THE DIFFERENT STEPS NEEDED TO PREPARE FOR GRADUATION FROM COMPLETING YOUR ACADEMIC REQUIREMENTS AND APPLYING FOR GRADUATION TO REGISTERING FOR COMMENCEMENT AND ORDERING YOUR CAP AND GOWN.

**JOURNEY TO GRADUATION & BEYOND: MOTIVATION AND VALUES**  
TUESDAY, 2/6/24, 3:00 PM - 4:15 PM | DIVISION OF CAREER PATHWAYS TRAINING ROOM  
HEAR FROM COUNSELING CENTER STAFF ABOUT PREPARATIONS LEADING UP TO GRADUATION AND BEYOND, BUILDING AND MAINTAINING MOTIVATION, AND UNDERSTANDING HOW TO USE YOUR VALUES TO GUIDE YOUR DECISION-MAKING

UNDERSTANDING HOW TO USE YOUR WHILES TO GUIDE YOUR DECISION-MAKING.

**ANTEATER NETWORK AND ALUMNI PANEL**  
TUESDAY, 2/27/24, 6:00 PM - 7:15 PM | NEWKIRK ALUMNI CENTER  
COME HEAR FROM A PANEL OF RECENT ALUMNI REGARDING THEIR TIPS FOR ADJUSTING AFTER GRADUATION. ALSO LEARN ABOUT NETWORKING RESOURCES AVAILABLE THROUGH THE ANTEATER NETWORK.

**JOB SEARCH**  
WEDNESDAY, 3/6/24, 4:00 PM-5:15 PM | DIVISION OF CAREER PATHWAYS TRAINING ROOM  
JOIN THIS WORKSHOP BY THE DIVISION OF CAREER PATHWAYS TO LEARN EFFECTIVE STRATEGIES TO SEARCH FOR JOBS. TOPICS WILL INCLUDE EXPANDING YOUR NETWORK, PREPARING FOR INTERVIEWS, AND MORE.

**PRESENTED BY:**

**UCI** Division of Career Pathways

The first 20 Attendees at each workshop will receive a **FREE GIFT!**

**UCI Alumni**

**UCI** Counseling Center

For More Information and to RSVP:  
[bit.ly/UCIBRR](https://bit.ly/UCIBRR)  
\*\*Attendees will be entered for a chance to win Graduation Gift Bags\*\*



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## 7. Publication Opportunity for Students - Apply by March 31st!

*Ad Anima* is a brand-new literary medical journal starting at UCI—it's the first of its kind, providing a space for longer (1,000-7,500 word) creative non-fiction from healthcare trainees and professionals across the country which is both free for readers and affiliated with a university.

If you would like to write for *Ad Anima* 2024, please check out the [submission form](#) (which is also linked below) for more guidance on anonymous submission and our scope. But, in short, if you have an experience in healthcare settings that you think people should hear about, we want to hear from you! The submission form will remain open until **March 31st, 2024**.

If you have any questions, please feel free to email the *Ad Anima* team ([adanimauci@gmail.com](mailto:adanimauci@gmail.com)). Thank you, and we hope to read your work soon!

Submission form: <https://forms.gle/jKDEhQXKXzEszpSRA>

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